



Collecting Urine Samples

Thank you for providing your first baseline urine sample.

This study pack contains three pots for urine sample collection required in the study – 1 x pot labelled “2 DAYS POST TX URINE SAMPLE” and 2 x pots labelled “RELAPSE/NEW URINE SAMPLE”.

- 1) Please send us one sample two days after you have completed your antibiotic course using the pot with the sample label “**2 DAYS POST TX URINE SAMPLE**”.
- 2) If you experience any new UTI symptoms which you go to see any health care professional about (including a pharmacist) in the next six weeks (42 days after you were recruited to the study), please send us another sample every time this happens; using the pot with the sample label “**RELAPSE/NEW URINE SAMPLE**”.

Unfortunately, we will not be able to tell you the outcome of the investigation of this or any of the samples we collect from you for research purposes. Any sample you provide to your doctor would be additional to the samples we are collecting.

How to collect a urine sample

d Collect a sample in the relevant labelled pot (as above) by passing the first part of your urine stream into the toilet and the second part into the sample pot. This is known as a mid-stream urine sample where you do not collect the first or last part of the urine that comes out.

d Ensure to fill the sample pot up to the red line (as below) with mid stream urine and do not over fill the bottle.




d Ensure the lid is firmly sealed and then write the date you collect the sample and ensure your participant ID is on the pot.


d Place the pot into the leak-proof container and then put it into the FREEPOST envelope provided, and seal.


More information on how to take the urine samples can be found <https://www.youtube.com/watch?v=0ETyvgSa7jY>


 <p>1. Sample Pot</p>	 <p>2. Place into leak-proof container</p>
 <p>3. Close leak-proof container</p>	 <p>4. Place into FREEPOST envelope</p>

Once you have collected your urine sample:

 Ensure your DURATION UTI Participant ID and date of collection is on the sample label before sending the urine sample

 Post your urine sample to us as early as you can on the day you have collected them; using any post box near you.

 If a sample is taken on day when post collection is not available (i.e. Saturday afternoon and Sunday), please store at home in a cool place inside the provided packaging until post collection is available.

 Complete the FREEPOST sample tracking card with the date of collection and which follow up sample this is, which will match the label of the sample pot. Please post the FREEPOST card **separately** but at the same time as the postal envelope containing your urine sample.

Contacts:

If you require additional urine sample kits or need any help or advice, please contact insert_duration@bsms.ac.uk for **Secondary Care Participants** or insert_duration@phc.ox.ac.uk for **Primary Care Participants**.