

# **Information for Children**





We are doing the ARCHIE study to try and find out how we can help children when they are ill with the flu. Flu is a germ which can make you ill by giving you a cough or cold. Most of the time, coughs and colds get better by themselves, but flu can be a bit different.

Sometimes children with flu pick up other germs as well. These germs can make them feel more ill and need to go back to see their doctor or nurse.

We would like to find out whether giving children with flu a type of medicine called an 'antibiotic' can help them get better faster. An 'antibiotic' is a type of medicine which doctors and nurses give people when they have chest infections, ear infections or other germs which make them feel ill.



Your doctor or nurse will:

- 1. Ask you how you have been feeling since you got the flu.
- 2. Take a swab from your nose and, if possible, one from your throat. This won't hurt, but it might tickle a bit.



3. Give you some medicine to take. The medicine is a liquid, so it should be easy for you to swallow.



4. Ask your Mum, Dad or carer to take your temperature each day until you feel better and fill in a diary about you.



If you like, you can also answer some questions to tell us how you are feeling. Your doctor or nurse will ask if it is OK to take some more swabs from you in a few months' time. You should be feeling better by then.

#### What will my medicine be?

Your medicine will be an antibiotic or a 'placebo'. The placebo will be a liquid which looks and tastes just like the antibiotic but does not have the antibiotic in it. We are giving some children the antibiotic and some children the placebo so that we will know whether the antibiotics really work. To make things fair, the type of medication you get will be decided at random and your doctor or nurse will not know which type of medicine they are giving you.

#### Is it safe to take part?

Your doctor or nurse will check that it is safe for you to take part. Your doctor or nurse or someone from the ARCHIE study team will also check how you are after one week, and again after two weeks by phoning your Mum, Dad or carer. But if you are not feeling well at **any** time, please tell your Mum, Dad or carer, and ask them to take you to see a doctor or nurse.



## What if there is a problem?

If you are not happy with something about the study, please tell us or ask your Mum, Dad or carer to tell us.

#### Do I have to take part?

No, you don't have to take part, but you may want to talk to your Mum, Dad or carer before making up your mind.

### Will anyone else know I am doing this?

Yes, we will tell your doctor.

### What will happen if I want to stop doing the study?

If you want to stop doing the study at any time, please tell your doctor or nurse or get your Mum, Dad or carer to tell them. No one will be cross with you if you decide you want to stop.

#### What will happen to the results of the study?

We will put the results on our website <u>www.archiestudy.com</u> for you to read.

#### Thank you for reading this! We hope you feel better soon!



#### **Our contact details**

www.archiestudy.com

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