



# SNAP2 Newsletter 1<sup>st</sup> Quarter 2025

## Randomised Controlled Trial of Self-management of Postnatal Antihypertensive Treatment



326 consented participants

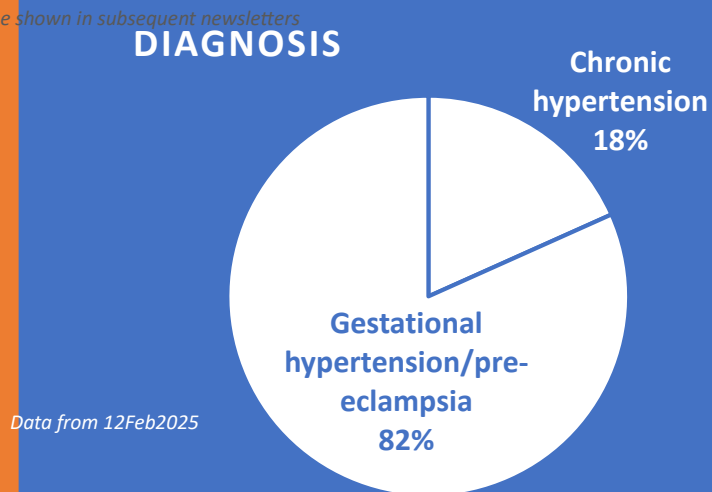
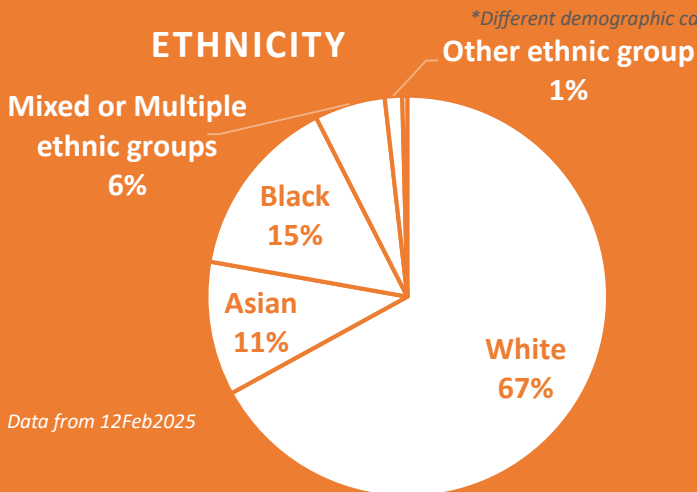
Let's keep up this excellent recruitment to keep on track!



\*Data from 28Feb2025. Sites only recently opened or not yet started recruitment are not shown.



## Demographics of consents



REC: 24/SC/0071 | IRAS: 332333 | CI: Professor Richard McManus



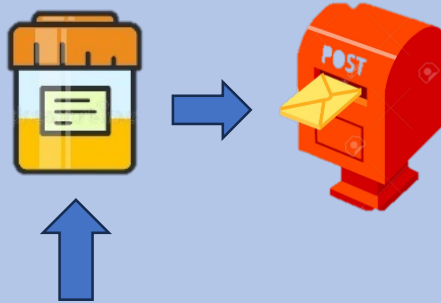
snap2trial@phc.ox.ac.uk



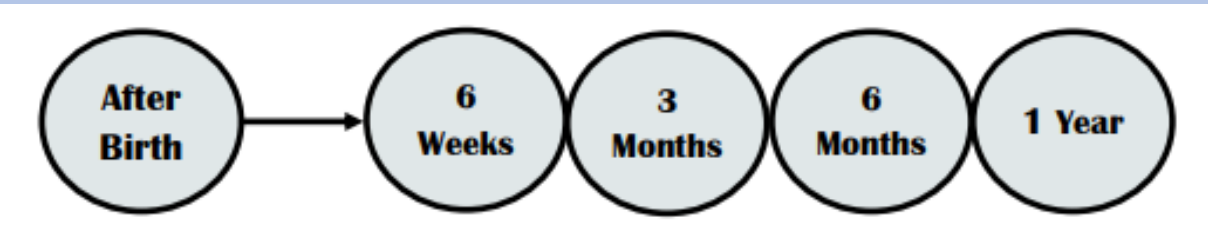
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# Quick tips

## TIP 1



Please remind the participant to send the urine sample if they remain on medication at their 6 week follow up visit! They should post it soon after taking the sample and ideally, not on a Friday.



## TIP 2



# ABPM

See the ABPM Infographic for more details!

The primary outcome for SNAP2 is diastolic blood pressure measured 6 months after birth, using 24-hour ambulatory blood pressure monitoring (ABPM).

At recruitment, explain ABPM and the importance of completing this in 6 months time.

Arrange the 26wk follow up at 22wks and let the participant know the trial team will contact them about the ABPM soon.