



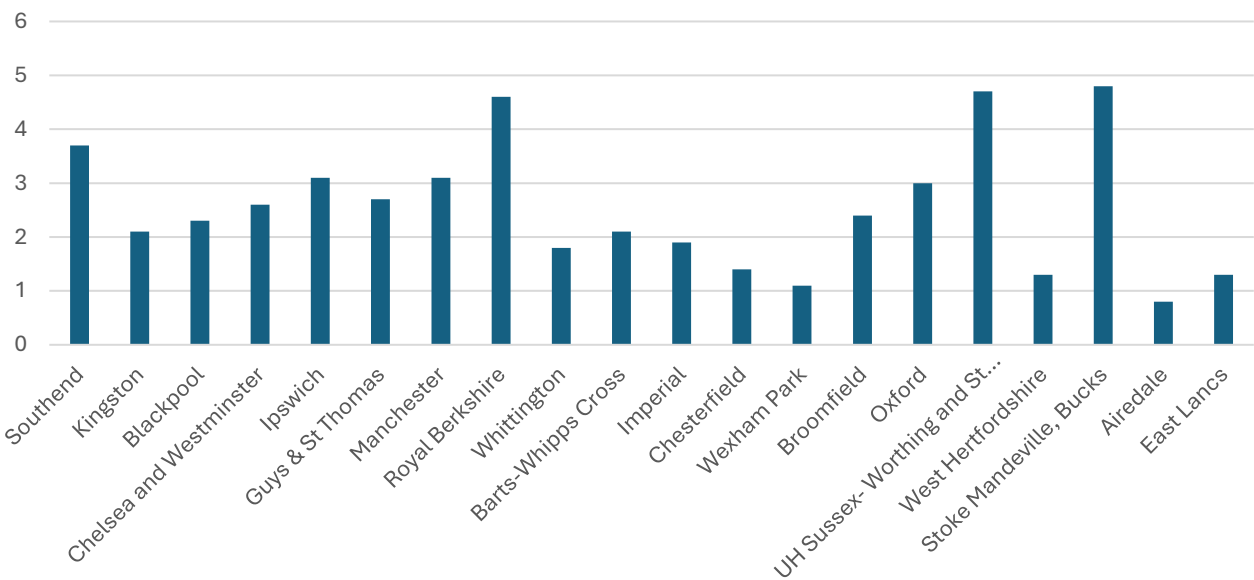
SNAP2 Newsletter 2nd Quarter 2025

Randomised Controlled Trial of Self-management of Postnatal Antihypertensive Treatment



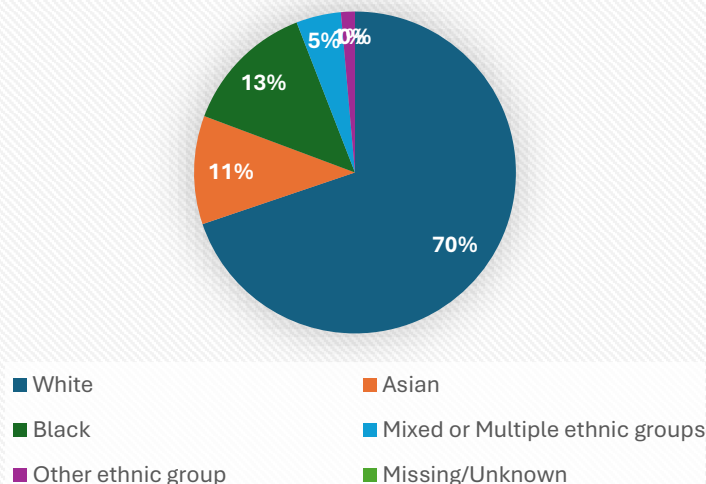
483 consented participants

Average recruitment/site/month



Characteristics of participants

Ethnicity of participants breakdown

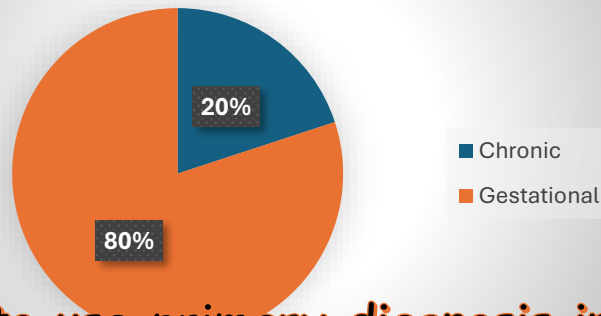


snap2trial@phc.ox.ac.uk



01865 617134

Diagnosis



Remember to use primary diagnosis in sortition



WHAT'S NEW?

The SNAP2 study involves 4 follow up calls to complete short questionnaires and home BP readings.

Please expect a call/text or email from the team at:

- 6 weeks
- 12 weeks
- **6 months: IMPORTANT time point**
- 1 year



The 6 month follow up

- This is when **the most important data for the study** is collected
- We will arrange a special blood pressure monitor to be sent to your home
- You will need to wear this for one full day (and night), then post it back to us
- Without this data, we won't find out if self-management of blood pressure after birth works or is beneficial for people like you

So you know it's us calling you, please save the SNAP2 trial team number to your phone - **01865 617134**

SA03

PIS V4.0 19/5/25

Give participant follow up reminder postcard

Intervention arm-give community midwife letter

ABPM 6 month completion = £25 Amazon voucher



Record ID	Baseline				Week 6				Week 12			
	Register	Mars	Anxiety inventory questionnaire	EQ-5D-5L	Followup	Mars	EQ-5D-5L	Call Attempt	Followup	Anxiety inventory questionnaire	EQ-5D-5L	Call Attempt
SN-GST-001	☐	☒	☒	☒	☒	☐	☐	☐	☐	☐	☐	☐
SN-GST-002	☐	☒	☒	☒	☒	☐	☐	☐	☐	☐	☐	☐
SN-GST-004	☐	☒	☒	☒	☒	☐	☐	☐	☐	☐	☐	☐

There is a new form in the main database to record your follow up call attempts at 6, 12, 26 and 52 weeks.

After you have made and recorded 3 call attempts, the central trial team will automatically email and/or text the forms to the participant to self-complete.

Quick tips



Please remind the participant to post their urine sample if they remain on medication at their 6 week follow up visit! Leave this blank on the database if they have not sent their sample yet.



At recruitment, explain ABPM and the importance of completing this in 6 months time. Try and complete their 6 month follow up 2-4 weeks before expected date, to remind the participant about ABPM and that the trial team will contact them to arrange the ABPM.



Remember to show intervention participants the My BP care video:

<https://www.phctrials.ox.ac.uk/recruiting-trials/snap-2/participating-women>

Thank you for all
of your hard work!



Please provide the trial team with your usual care guidelines, for the management of postnatal hypertension, at your site. Thank you to those sites that have already provided these!

Please enter postcodes on database (GP and patient's) in correct format: OX2 6GG (all capitals and space in the middle).



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