

SNAP2 Health Equity stream

There are **stark gaps in maternity outcomes** between women from Black, Asian, mixed and white ethnic groups. Trial populations tend to include a larger proportion of more affluent individuals than society as a whole.

Acknowledging this and recognising that it is a challenge to recruit participants from socially disadvantaged or ethnic minority groups, the **SNAP2 trial aims to support health equity** through **proactive recruitment strategies** and ongoing monitoring and engagement with specific **under represented communities**.

Different stakeholder groups have been involved from the outset of the SNAP2, to provide input into all stages of the trial. These include:

- an **active Patient and Public Involvement (PPI) group**, 10 with former hypertensive pregnancy plus a spouse of a former patient. They are of different ethnicities and religions with most living in more deprived neighbourhoods and some unemployed.

- **third-sector organisations and community groups** as well as clinical and research professionals including equality, diversity and inclusion leads.

As well as targeted recruitment strategies, the SNAP2 trial will involve a **process evaluation** to consider the experiences of women and understand how postnatal self-management of hypertension is enacted and integrated into women's lives and clinical pathways. We will ensure that women from socio-economically deprived and/or ethnically diverse groups are included and their **perspectives heard**.

Return [here](#) for updates on our sample population